

COALFIELD AREA VOLUNTARY AND COMMUNITY SECTOR

NETWORK: Notes of Meeting: 31 May 2018, 10.00 a.m. at ELCAP, Easington Lane

Present:

Councillor Anne Lawson	-	Sunderland City Council
Debbie Ainscow	-	Carers Centre and VCS Network Rep
Pauline Hopper	-	Area Community Development Lead, Sunderland City Council
Ann Birkbeck	-	Houghton Racecourse CA
Hilary Avent	-	Hetton New Dawn
Ann Donkin	-	Gentoo
Adenike Lawal	-	Wearside Women in Need
Paul McKinnell	-	SNCBC
Jan Young	-	Live Life Well
Christine Willis	-	ELCAP
Sandra Small	-	Social Activity Navigator, B Active and B Fit
Doris Turner	-	Fellowship of Churches
Bryan Lee	-	LAF Team
Susan Tron	-	St Aidans Community Groups
Rox Nicholl	-	Space 4
June Robinson	-	ShARP
Amy Collins	-	ShARP
Margaret Smith	-	Friends of Herrington Country Park
John Walls	-	Springboard
Helen Grey	-	Sunderland Carers Centre
Jorgie Carmichael	-	Space 4
Leigh-Ashley Scott	-	Washington Mind
Wendy Hadlington	-	Healthwatch Sunderland
Graham Cleland	-	Bethany Centre
Kaye Alcock	-	The Vine Children's Club
Val Armstrong	-	Sunderland Mind
Dave Logan	-	VCAS
Charlotte Hunter	-	Springboard
Emma Brown	-	Sunderland GP Alliance
Chris Ranson	-	Sunderland Carers Centre
Lynn Patterson	-	ELCAP
Yusuf Meah	-	Public Health Commissioner
Yvonne Orton	-	Co-op Estates

Apologies:

Tony Carlin	-	North East BIC
Paul Finch	-	Hetton New Dawn and Network Rep
Elaine Harbron	-	Sunderland City Council ICT
Carolyn Hough	-	Canny Kitchen
Vicki Kennedy	-	Sunderland Culture
Christine Britcliffe	-	Space 4
Denise Hepplewhite	-	Apextra
Wendy Cook	-	SNCBC and Network Rep
Simon Grundy	-	St Aidans Community Trust
Dave Brennan	-	Kepier School
Shaun Newton	-	ELCAP

1	Welcome, Introductions & Apologies Councillor Anne Lawson (Chair) welcomed everyone to the meeting and a round of introductions were made.	Action
2	Tax, Care and Toy Boys Yvonne Orton from Co-op Estates gave an informative presentation about Law, Wills and Probate issues and how it is important to put measures in place to ensure your estate goes to the right person. There are three main risks to estates: Inheritance tax Care fees Sideways disinheritance The talk covered tenancies, trusts, lasting power of attorney, probate and funeral plans. Yvonne can give advice to individuals based on their own circumstances. Anyone who would like Yvonne to contact them on an individual basis, or to book a talk for their own group can do it through Pauline Hopper.	
3	Stop Smoking Services Yusuf Meah from Sunderland Public Health gave some information about smoking related health issues and highlighted that it was the biggest factor in early death. Public Health commission services to help people live longer, in a better state of health. The Stop Smoking services in Sunderland have been reviewed and contracts have now been awarded to a number of GP Surgeries and Pharmacies: PHARMACY - open access to anyone living or working in Sunderland Whitfield's Easington Lane Whitfield's Hetton Front Street Houghton pharmacy Whitfield's Church St Houghton Hopes Newbottle St Houghton Kepier Pharmacy Whitfield's Chilton Moor Penshaw Pharmacy Boots Shiney Row GP Practices - only open to registered patients at the practice Hetton MG - Hetton Houghton MG- Houghton Kepier MG- Houghton Herrington MG- Herrington Grangewood MG- Shiney Row Live Life Well coordinators offer 1-1 stop smoking sessions to anyone in the Coalfields area. Community provision to provide services in local and voluntary sector organisations is now being recommissioned. People are more likely to go into familiar community settings for help, and currently there are no community providers in the Coalfield area. Organisations are being encouraged to find out more about how they can become involved. A three tier model is being developed and will be evaluated after 12 months. There will be 3 stage payments to organisations who are successful in gaining contracts with Public Health. A potential of £97.50 per client gaining success.	

	<p>Client is supported to set a quit date £15.50 Client supported for at least 10 minutes per week and given vouchers for aids such as patches and gum. Has quit for 4 weeks £41 Client is supported and has quit for 12 weeks £41</p> <p>For further information <u>please see attached</u>. Contact Yusuf Meah Yusuf.Meah@sunderland.gov.uk</p> <p>The Department of Health and Social Care is offering funding to successful applicants to provide support for the implementation of Tobacco Control Plan. For further information please see attached.</p>	
4	<p>Information Sharing</p> <p>LAF Team The LAF Team will be holding a Healthy Lifestyle and Smoothie Bike event 4.30 – 5.30 on 12 June at St Aidans, New Herrington. Anyone interested can go along. To find out more about the services the LAF team provide or to invite the team to any of your events, please contact Bryan Lee lee.bryan@sunderland.gov.uk</p> <p>Sunderland Carers Centre New leaflets promoting the services that the Carers Centre offer were circulated. A summer fayre will be held 11 a.m. to 4 p.m. on Saturday 16 June at the Carers Centre, Thompson Road, Southwick. There are two stalls still available if anyone would like one. Contact heleng@sunderlandcarers.co.uk</p> <p>Hetton Methodist Church, Union Street A new drop in chat, coffee and care session will take place from 10 – 12 each Wednesday. This is an attempt to give respite time to carers, chat to the lonely, time to play games, read the paper and much more. Light refreshments available. Contact Ann 0191 5262672 or Audrey 0191 5263707</p> <p>Hetton New Dawn The Welcome Café is held on Fridays at Hetton and Eppleton Hall and on Mondays at Easington Lane Apostolic church. Transforming Lives offers social support for all once a month – transport is provided if required.</p> <p>A flower arranging craft session will take place 1 -3 p.m. Tuesday 12 June at Hetton and Eppleton Hall. There will be a charge of £2 to cover cost of materials. Please book if you are interested in going along - contact Hilary Avent cdw-newdawn@outlook.com 07723061078</p> <p>There will be a volunteer coffee morning on Friday 13 July at Hetton and Eppleton Hall.</p> <p>ELCAP Accredited English Level 1 training will take place 1 -3 p.m. Mondays ICT for beginners 9.30 – 12.30 Fridays The OPEL lunch club 11.30 on Mondays continues to be successful, attracting increasing numbers of people who are lonely or socially isolated. The club is looking for presenters and speakers to attend the group at 1.30 for an hour. Contact Christine christine@elcap.org.uk</p>	

Space 4

SIB funding has been secured to run a group for LGBT members. It will take place 11 – 1 p.m. each Saturday from 9 June.

An exhibition on Women will take place 4 – 11 August. If anyone wants to take part please contact Jorgie jorgiespace4@gmail.com

A summer holiday club will take place 1 – 4 p.m. each Wednesday afternoon during August. A cooked lunch and activities will be provided.

Washington Mind

www.wellbeinginfo.org has attracted over 50,000 unique visitors so far this year. Groups can promote their events, activities and clubs on the site by registering.

Healthwatch

Reviews of all 47 care homes in Sunderland have now been carried out. You can see what staff, residents and families think of the homes by accessing the reports on Healthwatch website.

Vine Club

The Vine (children's after school) Club at Houghton Racecourse Community Association runs 5 p.m to 6.15 p.m each Wednesday during term time.

Houghton Racecourse CA

Marie Curie fundraiser will take place 5 p.m. on Friday 22 June.

St Aidans Community Hall

As part of the re-launch of the centre a Fun Day will take place on Saturday 2 June and an Afternoon Tea will be held 2 – 4 p.m. on Sunday 3 June. Take part in the Centre's online survey by visiting their Facebook page.

Step Up Project, SNCBC

The 2018 Volunteer Celebration event will take place at 7 p.m. on Saturday 2 June at Kepier Hall. There are still a few places left if staff and volunteers of local groups and voluntary organisations wish to attend. Contact Paul McKinnell paulmckinnell@communityopportunities.co.uk

Paul can support groups to recruit, train and retain volunteers.

Time Bank

Paul is supporting Paul Finch in piloting a time bank for Hetton. An online questionnaire will gauge the interest from residents of Hetton to the idea of a Time Bank for the Hetton ward. It is requested that members of the network ask members and clients of their groups if they could complete the questionnaire online. If this is not possible Paul Finch and Paul McKinnell would be happy to arrange for hard copies to be brought to meetings or activities.

<https://goo.gl/forms/FJb96vAiMzHfcgcL2>

ShARP

Amy's placement has now ended at ShARP so she will no longer attend VCS Network meetings in that capacity.

Rhyme Time is being delivered from ShARP each Monday. A creative writing course is being planned with WEA. Further info to follow.

	<p>Live Life Well Stop Smoking services are being delivered as above (see Item 3). There are no community venues identified in the Coalfield area. However, Live Life Well staff are working with Kepier and Hetton schools.</p> <p>Due to the popularity of Eat Wise Drop a Size delivered at Houghton Library another course is being planned.</p> <p>Julie and Gill are available for 1-2-1 and group work</p> <p>Sunderland Mind A Mentoring and Befriending Service, for people who are isolated and need support to go out, access social activities and community services is available for all residents across the Sunderland area. To find out more, volunteer, or access the service please contact val@sunderlandmind.co.uk</p> <p>VCAS A volunteer fair will take place 1.30 – 4 p.m. on Monday 4 June at Bede Tower, Burdon Road, Sunderland.</p> <p>The VCAS Annual Funding Fair will take place from 12.30 to 4.30 p.m. on Thursday 21 June 2018 at St David’s Community Church, Anthony Road, Farrington, Sunderland. Booking essential. Contact Dave 0191 5651566 dave@vcas.org.uk</p> <p>Springboard The Hetton Hub is now open at the Hetton Centre. The Hub provides access to library services, IT support and provision and activities such as Time for Rhyme for children and families.</p> <p>Hetton Festival is taking place 23 & 24 June at Hetton Lyons Country Park</p> <p>Springboard learners will attend the Tall Ships celebrations 11 – 14 July.</p>	
5	<p>Future Meetings The Chair thanked all for their attendance and contribution to this meeting</p> <p>2018 meetings – all 10 a.m. at ELCAP, Brickgarth, Easington Lane DH5 0LE Thursday 28 June 2018 Thursday 26 July 2018 No meeting in August Thursday 27 September 2018 Thursday 25 October 2018 Thursday 29 November 2018 No meeting in December</p>	