

Community Health Resources

Items available for loan



Books

BK-01	The Womanly Art of Breastfeeding
BK-01a	The Womanly Art of Breastfeeding
BK-01b	The Womanly Art of Breastfeeding
BK-01c	The Womanly Art of Breastfeeding
BK-01d	The Womanly Art of Breastfeeding
BK-01e	The Womanly Art of Breastfeeding
BK-02	Hirkani's Daughters: breastfeeding and working
BK-03	Hold your Prem
BK-04	Supporting Sucking Skills in Breastfeeding Infants
BK-05	Mothering Multiples
BK-06	An introduction to Biological Nurturing
BK-07	Mothering your nursing toddler
BK-08	The breastfeeding mother's guide to Making More Milk
BK-09	The Politics of Breastfeeding when breasts are bad for business
BK-10	Night-time Parenting
BK-11	Becoming a Father
BK-12	Sleeping with Your Baby
BK-13	Baby-led Weaning
BK-14	Motherwise: 101 tips for new a mother
BK-15	Fatherwise: 101 Tips for a New Father

CDs

CD02-01	Boozeville. Alcohol education toolkit
CD03-002B	Keep yourself healthy. A guide to examining your testicles
CD03-003B	Keep yourself healthy. A guide to examining your breasts
CD04-006	The big heart exploration
CD04-007A	Fit or Twit?
CD05-001	Pearls of wisdom
CD06-002	Drug Data 2
CD08-002	Stress and anxiety
CD08-002A	Stress and anxiety
CD08-004B	What is dementia?
CD10-001	Become a human body explorer

Costume

Big cigarette costume

DVDs

DVD01-002B	Seat belts and child restraints
DVD03-008b	Being breast aware
DVD04-002b	Risking It - Fighting against risk factors for Coronary Heart Disease
DVD06-001	Life Stuff - The A-Z of drugs. Quit.
DVD06-004	Get your head around it - Drug and alcohol education
DVD06-005	Drugs - real life teens

DVD08-006	Teen depression. Real life teens
DVD08-007	Eating disorders. Real life teens
DVD08-009	Sahara lo. Understanding dementia within South Asian communities
DVD08-010B	In their own words
DVD09-001B	Eat Well. Your guide to healthy eating
DVD09-002	Kick it - Junk Food
DVD09-006	Breastfeeding. The essentials
DVD09-007	Supersize me
DVD09-009	Healthy habits = healthy children
DVD10-005A	A guide to Health Walks
DVD11-002	Walking away DVD
DVD11-004B	From A - Z. What teenagers need to know about sleep
DVD11-011	The social toddler: understanding toddlers why they do the things they do
DVD11-014	Infant, parent, play and communication
DVD11-015B	Self-esteem and identity in the digital age
DVD12-001	Growing up. A guide to puberty
DVD12-003	Everything you wanted to know about puberty for boys
DVD12-006B	The ten signs of relationship abuse
DVD12-007D	You, your body and puberty
DVD12-007E	You, your body and puberty
DVD12-009	Avoiding the teen pregnancy trap
DVD12-012	Jason's private world - sex education animation DVD
DVD12-013	The primary guide to growing up, relationships and sex
DVD13-004	Smoking out the truth. Teens and tobacco
DVD13-006	Tips to help you quit

Games

G-002	Drug Deal
G-012	Beet That
G-016	The Obesity Game
G-017	Drink Deal
G-018A	Alcohol Prevention Bingo
G-024	The Terrible Tobacco Tale
G-028	Communication Game
G-032	Grub
G-038A	Eat Well Platter
G-038B	Eat Well Platter
G-038E	Eat Well Platter
G-041	Sexplanation
G-043	Healthy Lifestyle Game

Models

MOD-002	Breast Self Examination Model	
MOD-002E	Breast Self Examination Model	
MOD-003b	Drugs Case	CASE
MOD-003c	Drugs Case	CASE

MOD-007	Large Body Model	
MOD-009A	Death of a Lung	
MOD-010B	Contraceptive Display Kit	
MOD-011E	Testicular Cancer Self Examination Model	
MOD-013B	Clem's Phlegm	
MOD-014	Teen Stress	DISPLAY BOARD
MOD-016	Second hand Smoke	CASE
MOD-018	Stomach Size Wise	
MOD-019	Liver Model	
MOD-020A	Smokers Tar in a Jar	
MOD-020B	A Year's Worth of Tar	
MOD-020G	A Year's Worth of Tar	
MOD-021B	Drunk and Disorderly	
MOD-021E	Drunk and Disorderly	
MOD-027	Insides Out	
MOD-028C	What's In Tobacco Smoke?	
MOD-033D	Smoking Blood and Blood Vessels	
MOD-035B	Lou Wheeze (Emphysema Lungs)	CASE
MOD-036	Safe Sex Box	CASE
MOD-037C	Obesity	CASE
MOD-039	Vat of Fat	
MOD-043	Child Fat Vest	CASE
MOD-045B	Alcohol Abuse	CASE
MOD-046B	Consequences of Smoking	CASE
MOD-050	Heavy Heart	
MOD-051	Condiments Facts	
MOD-053B	Fat Chance: a Closer Look at Fast Food	CASE
MOD-054	Blubber Busters: Extra Calories You Can Feel	
MOD-057	Inactive lifestyles	CASE
MOD-059A	Mr Clean Mouth and Brush	
MOD-060	Sippy Cup of Sugar	
MOD-061	A Day's Worth of Fat	
MOD-062	Double Decker or Double Bypass	
MOD-063C	Fat Facts: Saturated / Unsaturated Fat	
MOD-064	Fat Facts: Fast Foods	
MOD-065B	Fat Facts: Comparison Foods	
MOD-066D	Fat Facts: Snack Foods	
MOD-067D	Sugar Facts	
MOD-069	Pot Pourri of Puffing Poisons	
MOD-070B	The Pickled Liver	
MOD-071A	Medicine Cabinet or Sweet Box	
MOD-078A	Tobacco Clever Catch Ball	
MOD-080C	Tarboro: pack of toxic tar	
MOD-081B	Plaque Builds up on Artery Walls	
MOD-086	Preventing Cardiovascular Disease	DISPLAY BOARD
MOD-087	Testicular Cancer	DISPLAY BOARD
MOD-089A	Substance Abuse Identification Kit	CASE
MOD-090	Alcohol Bottles (6)	
MOD-095	Smoking: Don't Get Burnt	DISPLAY BOARD
MOD-096	Deluxe Condom Training Model	

MOD-099	Hazards of Smoking	DISPLAY BOARD
MOD-105B	Tips to Help You Quit	
MOD-108	Obesity	
MOD-116	My New Body: Boys	DISPLAY BOARD
MOD-117A	Breastfeeding Basics	DISPLAY BOARD
MOD-119	My New Body: Girls	DISPLAY BOARD
MOD-120	Fat Finders: Identifying the Fat in Ordinary Food	
MOD-123	The Effects and Hazards of Substance Abuse	DISPLAY BOARD
MOD-129	What You Should Know About STDs	DISPLAY BOARD
MOD-134A	What Will Tobacco Cost You?	
MOD-137	Globs of Fat	
MOD-141A	Group Breast Self Examination Model	CASE
MOD-147	How To Gain 2kg in 4 Weeks	
MOD-148	VIS Box: Alcohol Awareness Kit (beer goggles)	
MOD-150A	Fibre Facts	
MOD-151	Breast Milk Composition: What's in a Day	
MOD-152A	How Alcohol Effects Your Liver	DISPLAY BOARD
MOD-153	What You Should Know About Diabetes	DISPLAY BOARD
MOD-159	Stop Smoking and Within ... 20 minutes to 15 years	
MOD-160	What You Should Know About High Blood Pressure	DISPLAY BOARD

Teaching Packs

TPK01-014	Home safe helping our kids feel safer	
TPK01-015	Frances the firefly	
TPK01-020c	Fancy a cuppa? Preventing hot drink scalds in babies and young children	
TPK01-028	Hunt the hazard in the garden	
TPK01-029	Hunt the hazard in the living room	
TPK02-001	Talk about alcohol - Teacher work book for 11 to 16 year olds	
TPK02-004	Alcohol the drug you can drink	
TPK02-014	Streetwise: an interactive alcohol education resource for students aged 11-16	
TPK03-018B	Looking after my breasts	
TPK04-004A	Looking after my heart	
TPK04-010	The big heart book - Key Stage 1 & 2	Oversized
TPK06-018	Ask: drug education materials for 11-14 year olds for true mixed ability classes	
TPK08-007	Positive solutions poster set pack	
TPK08-016	Fired up - managing anger and strong feelings	
TPK08-025	Learning the skills of anger management	
TPK08-037A	Draw on your emotions	
TPK08-070	Brain manual - The step by step guide for men to achieving and maintaining mental well-being	
TPK08-072	Developing emotional awareness and learning 14-16 years	
TPK08-097	Feeling Blue	
TPK08-114	Bully-Proof. Bingo & Activities	
TPK08-121	Work Positive - prioritising organisational stress - Revised 2005	
TPK09-001A	Food Groupie Adventures	Oversized

TPK09-002b	We like to Nurse	
TPK09-003b	You, me and the breast	
TPK09-004b	The Mystery of the Breast	
TPK09-011B	Think fit! Eat well!	
TPK09-018	School fruit and veg scheme (1 of 2)	
TPK09-018	School fruit and veg scheme (2 of 2)	Oversized
TPK09-024A	Food bag	
TPK09-025	Food in schools toolkit	
TPK09-031B	The lunch bunch. Video and training package	
TPK09-038B	It's fun to eat vegetables.	
TPK09-039B	It's fun to eat fruit	
TPK09-046	Diabetes UK: Balance. Favourite recipes	
TPK09-060	Digging deep to deliver 5 a day. Primary school resource pack	
TPK09-063	Deluxe food puppet set	
TPK09-066	Diabetes UK: Managing your weight - A balanced approach	
TPK10-012	The active school - British Heart Foundation	
TPK10-021c	Exercise and your health	
TPK10-037A	Think fit! Be active!	
TPK10-039	Its fun to be active	
TPK11-003A	The big heart book classroom resource for 4-7 year olds	Oversized
TPK11-004	Relationships and Communication Activities - Unit 3	
TPK11-006A	Substance Misuse Resource Pack	
TPK11-009	Health Education Key Stage 1	
TPK11-010	Health Education Key Stage 2	
TPK11-021A	PSHE including Citizenship - Key stage 2	
TPK11-022A	PSHE including Citizenship - Key stage 1	
TPK11-041	Kidscape - Primary Child Protection Programme	
TPK11-054	Ethnicity in the North East	
TPK11-117	Learning about my body photocopiable book	
TPK11-126	Going to the Doctor picture book	
TPK11-149	Healthy living for younger children	
TPK12-005	Friendships and romantic relationships	
TPK12-007	Protect yourself! Eight readymade teaching packages on contraception and sexually transmitted infections	
TPK12-036	How are babies made?	
TPK12-045	Talking together.....about sex and relationships	
TPK12-052A	Sex Education package	
TPK12-073	Go girls - Supporting girls emotional development & building self-esteem	
TPK12-090	Personal hygiene pack	
TPK12-091	Lucinda and Godfrey	
TPK13-007	Smokebusting - An activity pack for youth and community workers	
TPK13-008B	Smokeout - An activity pack on smoking issues for teachers and youth workers	

**For any queries or further information contact:
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